



FOOT PROTECTION KEEPING YOUR FEET & TOES

American workers suffer disabling injuries to feet and toes daily. Feet and toes are especially vulnerable to injury including:

- **Sprains**
- **Fractures**
- **Debilitating Crushing From Heavy Falling Or Rolling Objects**
- **Puncture Wounds**
- **Broken Bones**

Many workers ignore potentially serious hazards in the work place and refuse to wear protective footwear.

Foot protection means **guarding your toes, ankles, and feet from injury**. Manufacturers offer a **wide variety of protective devices in footwear**. Safety shoes are created for **diverse hazards** in many industries. Manufacturers are constantly updating materials and engineering designs to offer more protection. Safety shoes are designed using steel, aluminum, or plastics, to protect from injury and extremes of temperature.

Excuses such as; "**they're ugly, too expensive, not comfortable, or they don't work,**" will not protect feet from injury.

When purchasing safety shoes consider:

- **Ensure** the type of shoe selected meets **ANSI Standards (American National Standards Institute)**, & are marked **ANSI Z41-1991**. Standards specify requirements for safety shoes for impact, compression, conductivity, and puncture resistance.
- Match the footwear to the job and hazards encountered.
- Purchase **proven** effective footwear. The best time to evaluate safety footwear is before purchasing.
- Although the cost may seem expensive, **valued over the life of the product**, the cost is pennies a day for the protection your feet need and deserve.
- **Break shoes or boots in gradually**, allowing feet to become accustomed to the footwear.
- These are the only two feet you will have-**Protect** them at all times.

All employees, except those working exclusively in offices, are **required to wear safety steeled toed shoes affording maximum support and protection** while performing assigned tasks.

- Open-toed, canvas, lounging, jogging type, Crocs, and shoes without a defined heel are **discouraged** for all other employees