

# OSHA 10 HOUR REQUIRED

NUCA of Colorado is offering the OSHA 10 Hour Training designed for all employees involved in construction work, including job foremen, superintendents, engineers and any personnel involved in underground projects.

According to OSHA 20 CFR 1026.21(b)(2), "The employer shall instruct each employee in the recognition and avoidance of unsafe conditions and the regulations applicable to his work environment to control or eliminate any hazards or other exposure to illness or injury." The OSHA 10 Hour Outreach Program provides the desired general safety training for construction workers to help facilitate this requirement.

## OSHA 10 HOUR TRAINING TOPICS

- ⇒ Introduction to OSHA
- ⇒ OSHA Focus Four Hazards
- ⇒ Fall Protection
- ⇒ Electrical
- ⇒ Struck by (falling objects, trucks, cranes)
- ⇒ Caught in/between (trench hazards, equipment)
- ⇒ PPE and Lifesaving Equipment
- ⇒ Health Hazards in Construction
- ⇒ Trench & Excavation
- ⇒ Permit Required Confined Space
- ⇒ Two Hours of Elective Topics (based upon class consensus)

Company: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Billing Zip Code: \_\_\_\_\_ (Visa/Mastercard/Amex)

## Additional Registrants

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Registrations must be received no later than 5pm Monday, October 16th



## WHEN

**OCTOBER 19-20, 2017**  
**8AM - 2:30PM (19);**  
**8AM - 12PM (20)**

## WHERE

**United Rentals**  
**791 E 64th Ave. Denver, CO**  
**80229**

## REGISTRATION

**NUCA Member: \$175**  
**NonMember: \$200**  
**Register Using this Form**  
**or go online to**  
**[www.nucacolorado.com](http://www.nucacolorado.com)**

**BREAKFAST & LUNCH**  
**PROVIDED ON DAY 1;**  
**BREAKFAST PROVIDED ON**  
**DAY 2**



**NUCA**  
REPRESENTING UTILITY & EXCAVATION CONTRACTORS  
**COLORADO CHAPTER**